



We would like to take this opportunity to welcome you all to Grasmere Nursery School. We look forward to getting to know you and working with you to give your child the best experience whilst at nursery.

We will be giving you lots of information this half term about nursery life. At the moment, our new website is still under construction but we hope that it will be up and running in the next few weeks. In the meantime, please speak to us if you have any questions or we can help in any way.

This Half Term's Curriculum



0-3's – Our key text is 'Spot Loves Nursery' and our key rhyme is 'Twinkle, Twinkle'.

3-5s - Our key texts are 'Dear Zoo' and 'Owl Babies'. Our key rhymes are 'The Wheels on the Bus' and 'Old MacDonald'.

This half term our theme is **Relationships**, Our Value is **Caring** and the season is **Autumn**. We will also be celebrating Black History Month

Thank you to all who attended the curriculum meeting this week, please note the PowerPoint will be added to the website once it is up and running. For those who need further information regarding the curriculum and the Early Years Foundation Stage profile please look out for further information on the website or speak to the office who will arrange for your Class Teacher to call you.

Absence & Illness

Just a reminder that if your child is going to be absent for any reason, please call the office first thing in the morning to let us know. Although our children are not statutory school age, we do monitor attendance and expect it to be above 80% for any child who accesses a 2 or 3 year funded place.

If your child needs medication of any kind whilst they are at nursery, please speak to your Class Teacher to complete a Care Plan. If your child has vomiting or diarrhoea, please ensure they are clear for 48 hours before they return to nursery.



Covid Update – although restrictions have now been lifted, we all need to act responsibly with regard to covid. We would ask you to continue to take sensible precautions as we have confirmed cases in the nursery, so please be cautious about sending your child to nursery if they are unwell. For further advice please see the link to the NHS website:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

Parking

We do understand that, like many schools, a parking space is hard to find when you are dropping and collecting your child from nursery.



We appeal to you to park in the proper, safe and legal manner, showing consideration for local residents, each other and keeping the safety of all our children as your highest priority.

We ask that you do not park on paths, across our school entrance, on the yellow school zig-zag road markings or block residents' driveways.

Reminders

- Please ensure that your child comes to nursery appropriately dressed for the weather.
- Please make sure all your child's clothes are named, including outdoor coats (their name written on a label is good enough!).
- Please bring a bag with at least one full spare change of clothes in case of accidents – this can be left at nursery.
- Can we please ask that your child does not bring in toys from home. It is always upsetting for them if they get broken or lost and they are safer at home.
- Please do not open the gate to your child's class, for the children's safety, the gates should only be opened by a member of staff.
- Please ensure that your child does not bring any drinks, snacks or medication in their bags.
- October Half Term holidays – Monday 24th October to Friday 28th October.



If you have any questions or would like any further information, please speak to your child's class teacher.

Family Wellbeing

Total Wellbeing Luton offer free wellbeing on-line workshops. These are one-off sessions offering information and advice to give you basic understanding of various common wellbeing issues, and strategies to support you with dealing with those issues. These include “Managing Anxiety and Worry”, “Wellbeing Whilst Working”, “Mindfulness” and “Sleep”.



Please visit their website for further information: <https://www.totalwellbeingluton.org/talking-therapies/wellbeing-webinars>

In addition, Mind BLMK’s Wellbeing Centre in Luton offers a range of services to support better mental health across the borough. For more information, please visit their website: <https://www.mind-blmk.org.uk/how-we-can-help/luton/>

Family Worker Support

Lois, our Family Worker is here to support you in any way she can, alongside the staff in your child’s Class. If you have any questions or need any support or help, please do not hesitate to contact her.

Lois can help with your child’s transition into nursery, toilet training, feeding, sleeping, behaviour, starting school applications – the list is endless.



We are also hoping to arrange a Toilet Training workshop for parents and carers in the next few weeks so please look out for details.

Online Safety



The following websites have lots of really useful information about keeping your child safe online, so please do take the time to have a look through – this may also be relevant to your older children. There is advice and resources to support you as you support your child to use the internet safely, responsibly and positively.

<https://www.nspcc.org.uk/keeping-children-safe/>
<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.childnet.com/parents-and-carers>
<https://parentsafe.lgfl.net/>

Operation Encompass

Our nursery takes part in a project that runs jointly between schools, Luton Council and Bedfordshire Police. Operation Encompass is the reporting to schools, prior to the start of the next school day, when a child or young person has experienced any domestic abuse. Operation Encompass will ensure that a member of the school staff, known as a Key Adult, is trained to allow them to liaise with the police and to use the information that has been shared, in confidence,



while ensuring that the school is able to make provision for possible difficulties experienced by children, or their families, who have been experienced a domestic abuse incident.

Stay & Play Sessions for Under 5’s

Our Stay & Play sessions are held every Friday during term time from 9.30-11.00 in Rainbow Room for children under 5.



If you have a child who is not at nursery, this is an opportunity to meet other parents, have fun and join in the activities with your child.

For more information, please speak to Lois.

Flying Start Online Workshops

Flying Start is a partnership approach to the delivery of services for families in Luton, with a focus on the antenatal period and the early years. The Early Years Alliance and partners, working alongside local communities and parents, are committed to delivering the Flying Start vision and strategy and supporting children to have a flying start in life. For lots of really useful information for families, including details of upcoming on-line workshops, please visit their website: <https://www.flyingstartluton.com/whats-on-for-parents/flying-start-groups-services/>



Luton Adult Learning



For information about adult learning courses, including “supporting your anxious child” and parenting workshops, please see the Luton Adult Learning website:

<https://lutonacl.ac.uk/family-learning-courses-html>

