



Welcome to our October Newsletter, we hope you find it useful!

You will find lots more information on our website, so please do take the time to have a look:

[www.grasmerenursery.co.uk](http://www.grasmerenursery.co.uk)

### **Half-Term Holidays**

The nursery is closed for to term-time children from Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November

## **This Half Term's Curriculum**

### **0-3s**

What a busy start to the year we have had! We have been settling in our new children and building bonds with them through play and exploring the classrooms.

Red Class enjoyed making a delicious apple crumble using apples the children collected on a visit to our orchard! Purple class have also been baking some yummy cheese and tomato pinwheels!

We celebrated Hibernation Day for our pet tortoises by wearing our pyjamas to nursery and singing them relaxing songs to send them off for their big sleep. We have also enjoyed exploring neon paint to celebrate Diwali, the Festival of Light.

The children in Red Class have enjoyed riding bikes in the garden and the children in Purple Class have loved using their senses to explore treasure baskets! The children also enjoyed dancing to music from around the world to celebrate Black History Month.

### **3-5s**

What a busy but lovely half term we have had. We have been settling and getting to know the children, and supporting them to form positive relationships with staff and their peers.

This half term our Theme is 'Feelings and Emotions', our Value is 'Caring' and the season is 'Autumn'.

One of our key texts for this half term is 'Owl Babies' by Martin Waddell. We use this book to reassure the children while settling them, as well as learning about seasons and different habitats. I wonder if your child can talk about the characters, events and what happens at the end. Please see the link below to watch the story together.

<https://www.youtube.com/watch?v=bXP66T2wp-k>

To help the children understand their different emotions and feelings we have been sharing the key text 'The Colour Monster' by Anna Llenas. We have been discussing what makes us feel happy and sad and taking part in yoga to feel calm and talking about what to do if we feel angry. It would be wonderful if you could either visit your local library to borrow the book or buy it to share it with your child at home. This is a great resource for discussing your child's emotions at home, which in turn supports them to express their feelings appropriately. Here is the link should you want to purchase a copy.

<https://www.amazon.co.uk/Colour-Monster-Anna-Llenas/dp/1783704233>

One of our Grasmere Grassroots Goals is for all children to have a love of books and language by the time they leave us. Sharing books supports the development of their early reading and literacy skills and by working together, we can support your child to achieve this. Our key rhyme is 'Please and Thank you'. This teaches the different social skills that are required when coming to school and how to be a good friend. Can your child sing it to you?

We had great fun taking part in lots of different activities using the conkers we have collected around our school, including conker rolling, painting and counting. We have been learning how to care for our school pets, as well as learning about hibernation and getting Ruby and Phoebe, our tortoises, ready for their long sleep on Pyjama Day.

We have celebrated Black History Month by looking at the Windrush and listening to different forms of music by famous musicians, including Bob Marley. Here is a lovely video you can watch with your child and learn to sign 'Three Little Birds' at the same time. <https://www.bbc.co.uk/iplayer/episode/m000w8st/magic-hands-black-history-songs-5-three-little-birds>

We hope you have a lovely half term holiday.



## Domestic Abuse

Domestic abuse can include controlling, coercive, threatening, degrading and violent behaviour, including sexual violence.



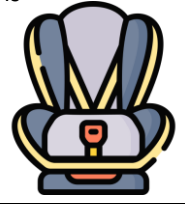
If you need help, information or support please visit the Bedfordshire Domestic Abuse Partnership website at:

<https://bedsdv.org.uk/>

## Child Car Seats – The Law

We are regularly speaking to parents and carers who are not correctly restraining their children when travelling in cars. For the safety of your child, please **always** ensure your child is correctly restrained in a car.

The law states that children must normally use a child car seat until they are 12 years old or 135cm tall, whichever comes first. You should choose the appropriate child car seat based on your child's height or weight.



## Luton Adult Learning and Flying Start Workshops

We will be running a number of workshops/courses and training during this academic year. Further details will be sent nearer the time so please look out for them and book a place where appropriate:

- Toilet Training
- Understanding Behaviour
- Henry: Healthy Families Group Programme
- Supporting your Anxious Child
- Managing your own and your child's wellbeing
- Keeping your family safe online
- Encouraging positive behaviour in children
- Getting ready for school

**Luton**  
Adult Learning



## Reminders

- To safeguard our children, please do not use your mobile phone, for any reason, whilst on the nursery premises.
- Please ensure that your child comes to nursery dressed appropriately to go outdoors whatever the weather.
- Please make sure all your child's clothes are named, including outdoor coats, hats, scarves and gloves (their name written on the label is good enough and it is a good idea to put gloves on elastic through your child's coat sleeves).
- Please bring a bag with at least one full spare change of clothes in case of accidents – this can be left at nursery and please name the outside of all bags.
- Please ensure that your child does not bring in toys from home; it is always upsetting for them if they get lost or broken and they are safer at home.
- Please do not bring any water bottles to nursery – unless there are special circumstances which have been agreed with your Class Teacher/Room Lead.
- Please do not open the gate to your child's class. For the children's safety, the gates should only be opened by a member of staff.
- Please ensure that your child does not have any food, drinks or medication in their bags.
- Please note that we are a **“nut-free setting”**, please do not bring any foods containing nuts into nursery, particularly in packed lunches.

