

Top Tips for Parents

Parents of children living with allergies can help the school care for their child by taking responsibility for keeping staff informed about their child's allergic condition(s) for example you can;

- Inform the school that your child has an allergy at the time they are enrolled or when the diagnosis is made by your child's health care professional.
- Work together with staff to develop a risk minimisation plan that is specific to your child.
- Provide the school with your child's up-to-date allergy action plan that has been signed by your child's doctor.
- Provide staff with an emergency medical kit for your child including any prescribed medications such as an adrenaline auto-injector (AAI).
- Regularly check the expiry date of any required medications.

Talking to Staff

When talking to teachers and staff about your child's allergies, discussions should cover the following;

- Causes, symptoms and treatment of your child's allergy
- How staff identify students at risk of allergic reactions and anaphylaxis.
- What preventative measures are in place and what they would be willing to adapt on if they are currently not suitable to your child's needs.
- The school's first aid and emergency response procedures.
- The staff's role in responding to an allergic reaction.
- Where medications such as AAI's are kept and how accessible are they.

